

To Study the Various Co-curricular Activities of Girl Student of Kasturba Gandhi Balika Vidyalaya and Government Upper Primary School of East Siang District Arunachal Pradesh

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Abstract: Co-Curricular Activities are important part of curriculum. These activities are important for the overall development of students. Though CCA are non-academic activities, it supports the academic purpose of schools, through positive reinforcements for the social and emotional aspects. It benefits the school children in gaining valuable academic and social experiences by providing wide range of opportunities and experience for self-expression and participation. The present study is an attempt to study the participation of girls' students in various co-curricular activities that are organised in the Kasturba Gandhi Balika Vidyalaya and Government Upper Primary School of East Siang District of Arunachal Pradesh. A sample of 4 KGBV and 4 GUPS from 2 blocks, 5 teachers and 10 girls' students from each school have been taken by following simple random technique. The total sample consist of 8 schools, 40 teachers and 80 girls' students. It is a descriptive research study. For collecting various information, the researcher used the constructed questionnaire. The data analysis had been done by using simple frequency and percentage technique. The findings of the study revealed that girls' students of KGBV took more active participation in CCA than GUPS.

Keywords: Co-curricular activities, Government upper primary school, Kasturba Gandhi Balika Vidyalaya.

1. Introduction

Co-Curricular Activities are of immense important for the all-round development of the students. In the traditional curriculum, CCA were known as Extracurricular activities. However, in the modern context these activities are recognised as essential and integral part of the curriculum. It supports the very academic purpose of the schools through providing positive reinforcements for the social and emotional aspects. The students by participating in various CCA learn to be involved in healthy activities that will built up their self confidence and self-esteem. The Education Commission stated that, "we conceive of the school curriculum as the totality of learning experiences that the school provides for the pupils through all the manifold activities, in the school or outside that are carried on under its supervision".

2. Rationale of the Study

CCA though have less status in education than the main curriculum, these activities are indispensable and held to be very important in the wider sense of education. The concept of CCA becomes changed. Now-a-days at almost every level of education Co-Curricular Activities becomes an integral part in the main curriculum. The present study is an attempt to study the participation of girls' students in various co-curricular activities that are organised in the Kasturba Gandhi Balika Vidyalaya and Government Upper Primary School of East Siang District of Arunachal Pradesh.

3. Objectives of the Study

- 1) To find out the various Co-Curricular Activities of Kasturba Gandhi Balika Vidyalaya and Government Upper Primary School of the East Siang districts of Arunachal Pradesh.
- 2) To find out the girls' participation in various Co-Curricular Activities in Kasturba Balika Vidyalaya and Government Upper Primary Schools of East Siang district of Arunachal Pradesh.

4. Methodology

Sample of the study:

For the present study the investigator has adopted descriptive survey method and Random sampling technique. The total sample consist of 50 teachers and 50 girls' students from KGBV and 50 teachers and 50 students from GUPS of East Siang district of Arunachal Pradesh. The names of the school taken for the study are presented in the table 1.

Tools Used:

The investigator used the self-constructed non- standardized questionnaire for collecting the data.

Statistical Analysis of the Data:

Frequency and percentage have been used for the analysis of data objective wise.

Table 1
The sample schools selected for the study

S. No.	Names of the school	No. of girl students taken
1	KGBV Kiyit	10
2	KGBV Mottum	10
3	KGBV Yagrung	10
4	KGBV Pasighat	10
5	KGBV Mirem	10
6	GUPS Namsing	10
7	GUPS Mebo	10
8	GUPS Daying Ering Memorial	10
9	GUPS Pasighat Sawmill	10
10	GUPS JN College campus	10
Total	10 Schools	100 girl students

Table 2

Responses made by the girls' students of Kasturba Gandhi Balika Vidyalaya and Government Upper Primary Schools of East Siang district of Arunachal Pradesh

S. No.	Items	Schools	Options	f	%
1	Does your school organise CCA?	KGBV	Yes	50	100
			No	0	0
		GUPS	Yes	50	100
			No	0	0
2.	Please specify the activities in which you have participated by putting the tick marks ()	KGBV	Yes	38	76
			No	12	24
		Athletic	Yes	30	60
			No	20	40
		Football	Yes	45	90
			No	5	10
		Volleyball	Yes	18	36
			No	32	64
		Debate	Yes	28	56
			No	22	44
		Quiz	Yes	10	20
			No	40	80
		Extempore speech	Yes	22	44
			No	28	56
		Essay Writing	Yes	8	16
			No	42	84
		Poetry	Yes	31	62
			No	19	38
		Recitations	Yes	36	72
			No	14	28
		Singing	Yes	42	84
			No	8	16
		Dancing	Yes	21	42
			No	29	58
		Drama	Yes	24	48
			No	26	52
		Athletic	Yes	40	80
			No	10	20
		Football	Yes	44	88
			No	6	12
		Volleyball	Yes	12	24
			No	38	76
		Debate	Yes	17	34
			No	33	66
		Quiz	Yes	19	38
			No	31	62
		Extempore Speech	Yes	15	30
			No	35	70
		Essay Writing	Yes	14	28
			No	36	72
		Poetry	Yes	36	72
			No	14	28
Recitations	Yes	36	72		
	No	14	28		
Singing	Yes	34	68		
	No	16	32		

		Dancing			
		Yes	No		
		Yes	42	84	
		No	8	16	
		Yes	18	36	
		No	32	64	
3	CCA contributes physical fitness?	KGBV	Yes	50	100
			No	0	0
		GUPS	Yes	44	88
			No	6	12
4	CAA contributes mental development?	KGBV	Yes	40	80
			No	10	20
		GUPS	Yes	38	76
			No	12	24
5	CCA develops self confidence among the students?	KGBV	Yes	50	100
			No	0	0
		GUPS	Yes	50	100
			No	0	0
6	Do you think CCA is important?	KGBV	Yes	47	94
			No	3	6
		GUPS	Yes	38	76
			No	12	24
7	Do you feel disturbed in your study due to CCA?	KGBV	Yes	14	28
			No	36	72
		GUPS	Yes	10	20
			No	40	80
8	Do your school have separate teachers for CCA?	KGBV	Yes	13	26
			No	37	74
		GUPS	Yes	10	20
			No	40	80
9	Do you have separate period for CCA?	KGBV	Yes	45	90
			No	5	10
		GUPS	Yes	18	36
			No	32	64

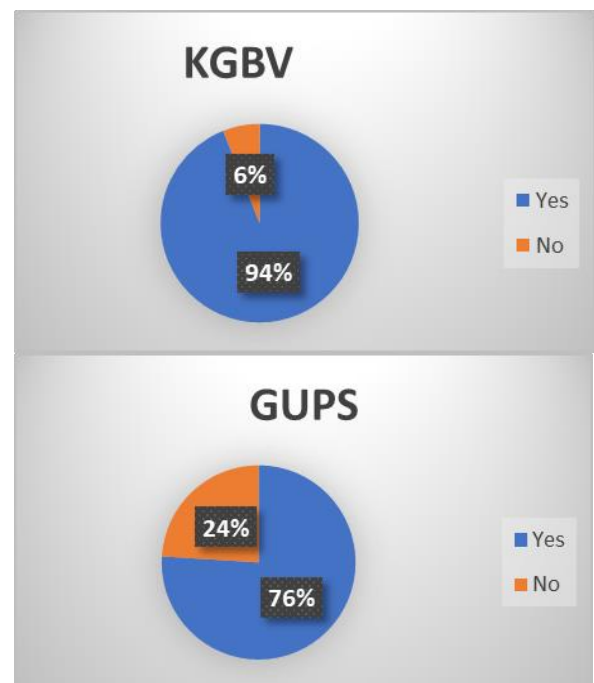


Fig. 1. Students responses on importance of CCA

From the Fig. 1, it is found 94% that is the majority of the girls' students of KGBV feels that CCA as important part of the curriculum. Only 6% feels that CCA is not important. In GUPS 76% responded Yes and 24% responded No. Comparatively Yes on importance of CCA is more in KGBV than GUPS.

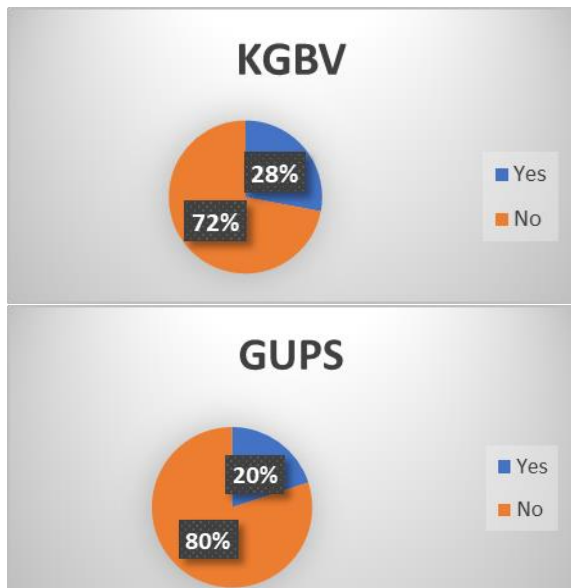


Fig. 2. The responses of girls' students of KGBV and GUPS on whether they feel disturbed in their study because of CCAs

From the fig. 3 it is revealed that 72% of girls' students of KGBV doesn't feel disturbed in their study because of CCAs and whereas it is 80% in GUPS.

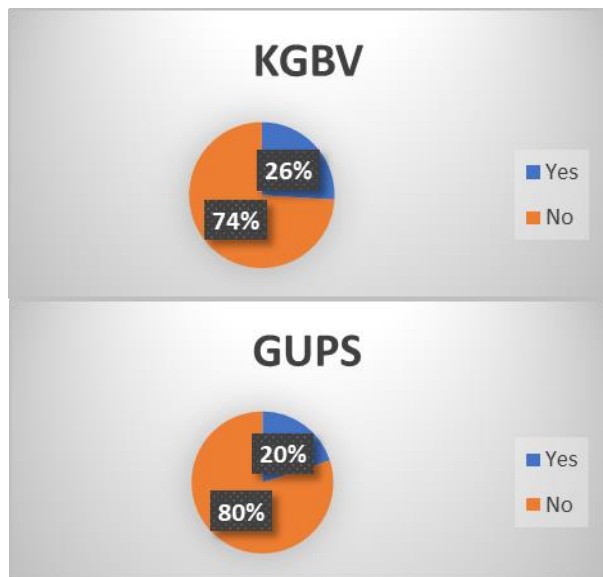


Fig. 3. Girls' responses on availability of separate CCAs teachers in KGBV and GUPS of East Siang district

From fig. 3, it is found that 26% of girls' students of KGBV claimed to have the separate teachers for CCA in their school. 74% of government upper primary schools complained of not having separate teachers for CCA in their schools.

Table 3
Percentage of girls' participation in various Co-Curricular Activities of Kasturba Gandhi Balika Vidyalayas and Government Upper Primary Schools of East Siang

Co-curricular Activities	Schools	Percentage of girls' participations
Athletic	KGBV	76%
	GUPS	52%
Football	KGBV	60%
	GUPS	80%
Volleyball	KGBV	90%
	GUPS	88%
Debate	KGBV	36%
	GUPS	24%
Quiz	KGBV	56%
	GUPS	34%
Extempore Speech	KGBV	20%
	GUPS	83%
Essay Writing	KGBV	44%
	GUPS	30%
Poetry	KGBV	16%
	GUPS	28%
Recitations	KGBV	62%
	GUPS	72%
Singing	KGBV	72%
	GUPS	68%
Dancing	KGBV	84%
	GUPS	84%
Drama	KGBV	42%
	GUPS	36%

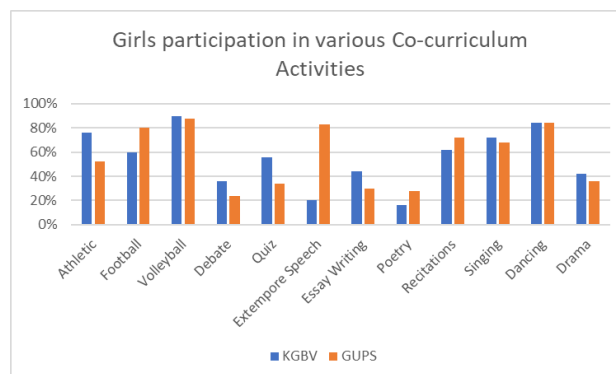


Fig. 4. Girls' participation in various Co-Curriculum Activities of Kasturba Gandhi Balika Vidyalaya and Government Upper Primary Schools of East Siang district of Arunachal Pradesh

The fig. 4, shows that girls of Kasturba Gandhi Balika Vidyalayas participates in dancing, volleyball, recitations and singing activities. Whereas girls of Government Upper Primary Schools participate more in Volleyball, singing, football and dancing. Government Upper Primary Schools shows highest number of girls' participation in extempore speech than the girls of Kasturba Gandhi Balika Vidyalayas. Very few students took part in poetry and debate in both the type of school. However, it is found that Girls' of Kasturba Gandhi Balika Vidyalayas took more active participation in Co-Curricular Activities than Government Upper Primary School of Arunachal Pradesh.

5. Results and Discussion

The present study shows that the girls' participation is more

in dancing, volleyball, singing and football. Very few girls participated in poetry, debate, quiz and athletics. The girls of both the school type are found to be more active in cultural activities and games. However, they found to be very poor in intellectual activities. For the overall development of the girl's student it is recommended that the Head teachers and teachers of the school need to motivate the girls for more participation in the various co-curricular activities. Providing proper rewards and incentives will encourage the girls to come forwards in different activities. Though co-curricular activities are non-academics, in today's context, it becomes an integral part of the education process.

6. Conclusion

The present study on Co-Curricular Activities revealed that majority of the students are concerned about the importance of these activities. The survey conducted under National Federation of State High School Associations (1985), Ahmad M. et al. (2015), found that Co-Curricular Activities were

valuable to the school experience. Daniyal et al. (2012) also supported that Co-Curricular activities affect academic achievements of the students and this impact depends upon the activities in which the students participated. Students and school's authority found to be felt as strongly about Co-Curricular Activities. Therefore, the girl's students of both Kasturba Gandhi Balika Vidyalaya and Government Upper Primary School in East Siang districts need to be encouraged more regarding CCAs, by promoting an awareness programme on importance and benefits of Co-curricular activities.

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